**Approved Advanced Problem Solving and Handling UE Focus Course**

**Modified Agenda for travel:**

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| Friday 11:00-11:30  11:30-12:00 | 11:30-6:30PM (6.0 hours)  Registration  Course Introduction |
| 12:00- 1:30 | Lecture: NDT Principles of Management Related to Upper Extremity Function |
| 1:30-1:45 | Break |
| 1:45 - 3:00  3:00 – 3:15 | Patient Demonstration #1  Break |
| 3:15 - 4:15 | Gathering clinical observations and hypothesizing impairments from Patient Demo #1. Problem solving variations in tasks and environments |
| 4:15 – 4:45  4:45-6:00  6:00-7:00 | Lab – Normal UE Movement in Function  Lab - Assessing the Shoulder Girdle Complex and it’s Movement in Relation to the Trunk  Lab – Developing UE Support |
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| Saturday | 8 AM-5:30PM (8.25 hours) |
| 8:00-9:30  9:30 – 10:45 | Lab – Developing UE Support (continued)  Lab – Addressing Mobility Issues (Inhibition of the high-toned hand; Hand, wrist and forearm mobility and alignment) |
| 10:45-11:00 | Break |
| 11:00-12:15  12:15-1:00 | Patient Demonstration #2  Lunch |
| 1:00-2:00 | Hypothesizing impairments from Patient Demo #2. Problem solving variations in tasks and environments |
| 2:00-4:15 | Lab – UE Progression – Modified Closed Chain Activity |
| 4:15 – 4:30 | Break |
| 4:30 – 7:00 | Lab– Developing UE Reach |
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| Sunday | 8AM – 4:30PM (7.75 hours) |
| 8:00-10:00  10:00-10:15  10:15-11:30  11:30-12:15 12:15-1:00 | Lab – Opening the Chain, facilitation of the hand/fine motor skills  Break  Patient Demonstration #3  Lunch  Discussion – Splints, slings |
| 1:00-1:45 | Discussion – Home program ideas |
| 1:45-2:15 | Course wrap-up |