



2023

ANNUAL DIABETES DAY



RENAISSANCE HOTEL & CONFERENCE CENTER
SATURDAY, NOVEMBER 18TH, 2023

CME Continuing
Medical
Education
Quality Education
for Your Future

 OhioHealth

This event is made possible through a generous donation from the George W and Elizabeth W Kelly Foundation.

Conference Description

We welcome you to join us for **OhioHealth's 2023 Annual Diabetes Day** event. Held in November during National Diabetes Month, the goal of the event is to raise diabetes awareness and expand knowledge of the management of diabetes and associated conditions. This conference is designated for physicians, advanced practice providers, pharmacists, nurses, and diabetic educators who assess, treat, and provide care to diabetic patients.

Objectives

After the completion of this activity, participants will be able to:

- + Describe the diabetic impact on the eyes, nervous system, vascular system, and during pregnancy
- + Utilize diabetic device data for clinical decision making and appropriately bill for interpretation services
- + Review pharmaceutical drug classes for diabetic medications, utilize resources for insurance coverage and ordering, and learn associated patient education tips
- + Recognize the psychological impact of a diabetic diagnosis for patients and how to provide appropriate support

General Information

Pricing

Thanks to the Kelly Foundation a portion of registration fees have been covered for all attendees.

Physicians: \$75

Advanced Practice Providers & Pharmacists: \$50

Diabetic Educators, Residents, and Other Healthcare Providers: Free

Registration

Register on or before October 31, 2022

Register Online at:

OhioHealth.Cloud-CME.com/2023DiabetesDay

Cancellation and Refund Policy

OhioHealth reserves the right to cancel or delay this course due to unforeseen circumstances. In the event this activity is canceled, OhioHealth will refund your registration fee. We are not responsible for any travel, hotel or other costs incurred.

If a participant cancels, a refund of the registration fee, minus a 25% administrative charge, will be issued if written notice of cancellation is received no later than October 31. No refunds will be granted after October 31.

Faculty

Rundsarah Tahboub, MD

Endocrinology

OhioHealth

Shannon Ho, MD

Maternal Fetal Medicine

OhioHealth

Amber Healy, DO

Diabetology

OhioHealth

Na Li, MD, PhD

Hepatology and Gastroenterology

Ohio State University

John Phillips, MD

Cardiac & Vascular Medicine

OhioHealth

Carla Ford, MD

Ophthalmology

Ohio State University

Julie Thomas, RPh, MS, BCACP

Pharmacy

OhioHealth

Elizabeth Beverly, PhD

Professor Primary Care

Ohio University Heritage College

Timothy Rust, MD

Neurology

OhioHealth

Jessica Thorburn, PharmD

Pharmacy

OhioHealth

Toni Pollitt, MS, CPhT

Pharmacy

OhioHealth

Brittani & Scott Leopold

Diabetic Patient Panel Members

Conference Agenda

- 7:30-8 a.m. **REGISTRATION AND BREAKFAST**
- 8-8:45 a.m. **How Sweet It Is! Diagnosis and Management of Gestational Diabetes | Shannon Ho, MD**
Review diagnosis and treatment strategies to optimize glycemic control and reduce hyperglycemia associated complications in patients with gestational diabetes (GDM).
- 8:45-9:15 a.m. **A Review of Type 1 Diabetes | Amber Healy, DO**
This session will review the basics of type 1 diabetes related to pathophysiology, epidemiology, diagnosis, treatment, and prevention.
- 9:15-10 a.m. **Updated Guidance on NAFLD Management for Primary Care | Na Li, MD, PhD**
Review recently updated guidance on NAFLD management for primary care in terms of screening, diagnosis, surveillance, and specialty referral.
- 10-10:15 a.m. **BREAK AND VENDOR NETWORKING BINGO – 15 MINUTES**
- 10:15-10:45 a.m. **Pharmacy Pearls | Julie Thomas, RPh, MS, BCACP; Jessica Thorburn, PharmD; Toni Pollitt, MS, CPhT**
Review pharmaceutical drug classes for diabetic medications, utilize resources for insurance coverage and ordering, and learn associated patient education tips.
- 10:45-11:30 a.m. **Psychosocial Care in Diabetes | Elizabeth Beverly, PhD**
Review the most common psychosocial issues affecting people with diabetes and learn how to differentiate diabetes distress from depression.
- 11:30 a.m.-12 p.m. **Perspectives from Persons Living with Diabetes | Elizabeth Beverly, PhD; Brittani & Scott Leopold**
Gain insight into the patient’s perspective of being diagnosed and living as a diabetic.
- 12-1 p.m. **LUNCH AND VENDOR NETWORKING BINGO – 1 HOUR**
- 1-1:45 p.m. **Jeopardy! Type 2 Diabetes Guidelines | Amber Healy, DO**
Put on your thinking caps and get your buzzer hand ready for a review of current diabetes guidelines in a fun Jeopardy! format.
- 1:45-2:15 p.m. **Diabetes and the Eye | Carla Ford, MD**
Review the pathophysiology, current diagnosis, and latest treatments of diabetic retinopathy.
- 2:15-2:45 **Diabetic Neuropathy | Timothy Rust, MD**
- 2:45-3 p.m. **BREAK AND VENDOR NETWORKING BINGO – 15 MINUTES**
- 3-3:45 p.m. **Peripheral Artery Disease: The 30,000 Foot View | John Phillips, MD**
Discussion of the clinical presentation, risk factors and physical assessment findings of peripheral artery disease along with recommended testing, treatment options and referral guidelines.
- 3:45-4:15 p.m. **Practical Guide for Effective Use of CGMs in Primary Care | Rundsarah Tahboub, MD**
- 4:15 p.m. **CLOSING REMARKS AND PRIZE DRAWING**

Accreditation

AMA OhioHealth is accredited by the Ohio State Medical Association (OSMA) to provide continuing medical education to physicians.

OhioHealth designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OBN The Ohio Board of Nursing recognizes accepts a CE activity that has been approved by an agency that regulates a healthcare profession or discipline in Ohio or another jurisdiction. CME approved by the Ohio State Medical Association meets Ohio Board of Nursing CE requirements for nursing licensure.

ACPE OhioHealth Pharmacy Services is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.



Disclosure

As an accredited CME provider, OhioHealth must ensure balance, independence, objectivity, and scientific rigor in all sponsored activities. Faculty and planners participating in sponsored activities must disclose all financial relationships with any ineligible company or commercial interest. All conflicts of interest are reviewed for relevancy and mitigated prior to the activity and disclosed to the learners before the activity begins.

Commercial Support

This activity is not supported by any ineligible company or commercial interest.