# Publishing Research and Quality Improvement Projects as a Community Health-System Pharmacist

Sara J. Hyland, PharmD, BCCCP

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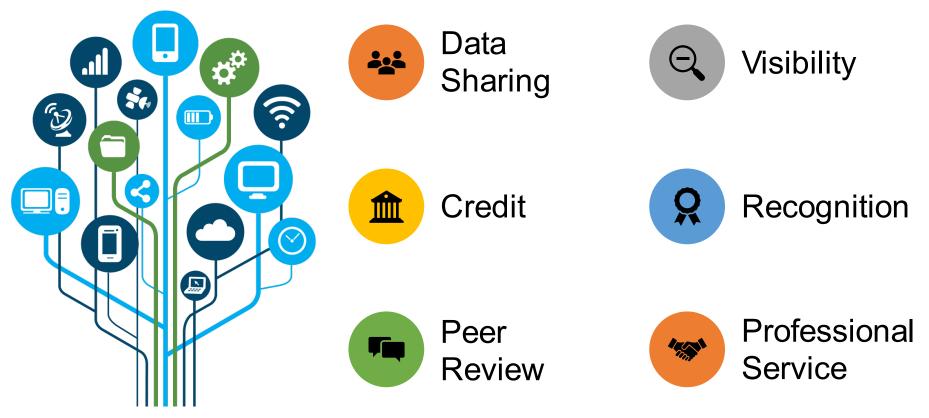
# Objectives

Identify Identify regulatory processes and guidelines for publishing research and quality improvement studies

**Review the publication process and** associated professional **standards** 

Discuss Discuss strategies and institutional resources for overcoming barriers to publishing scholarly work

# Why publish?



https://researchforevidence.fhi360.org/practitioners-publish-research-journals

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https://mcdn.podbean.com/mf/web/bhieb6/VerifiedRx-PracticaltipsforPublishing\_Final.mp3

#### What makes a project publishable?

# FINER criteria

Is it replicable?

Is it worth replicating?

# Who stands to benefit?

https://scientific-publishing.webshop.elsevier.com/research-process/finer-research-framework/



- Insufficient methods
  - Not aligned with professional standards
  - Not replicable
  - No control for major confounders
  - Untrustworthy data

- No/limited novelty
  - Inappropriate or unnecessary comparison
  - Research question already answered
- No/limited external application

#### Do I need IRB approval to publish?

Research vs quality improvement (QI) IRB processes

# Research vs QI: Largely a matter of intention

#### Research

- Add to literature
- Hypothesis-testing in human subjects
- Prospective IRB approval
- Full IRB protocol submission

#### **Quality Improvement**

- Improve a process
- Applying best practices
- Prospective IRB review if intention to disseminate, not required to conduct internally
- Brief application for QI determination

# Do I need IRB approval to publish?

- YES (in some form or another)
- Research vs QI IRB processes
- OHRI is here to help!
  - Full out an <u>IRP</u> and <u>submit a ticket</u>
  - Follow this guide on eSource
- Bottom line: conducting research and presenting research/QI projects outside the organization require IRB review

**Pharmacy Resident Resources** OhioHealth Residency Homepage System Pharmacy Residency Manual Research **OHRI Academic Resource Resident** Orientation Stats Education Preparing for First Meeting with Biostatistician Overview of Biostatistics used in Clinical Research Stats Lecture not for CE Credit Stats Lecture Handout 1 Stats Lecture Handout 2 **Residency Orientation** Pharmacy Resident Status Report Research Project Tracker Pitch Panel Template **IRP** Template Publication Manuscript Tempate Blank Additional Research Reading Materials Developing Your Research (PICO + FINER) Guide to Pursuing Research and QI Data Collection Scientific Writing Presentation Primer Continuing Education Guidance for Application & Presentation

eSource | Collaboration

Does it cost money to publish?



Traditional Journals vs. Open Access Journals

#### **Traditional**

- No required cost to authors
- Costs covered by subscription and/or advertising
- May be more trustworthy and universally accepted
- No one likes paywalls
- Journal usually retains copyright

#### **Open Access**

- Usually \$300-\$3000 per article
- Costs usually paid by authors, sometimes gov't
- Perceived as less legitimate by some
- Increased access increases readers, may increase citations
- Authors may retain rights

# Other Journal Options

Hybrid – most traditional journals now offering open access option

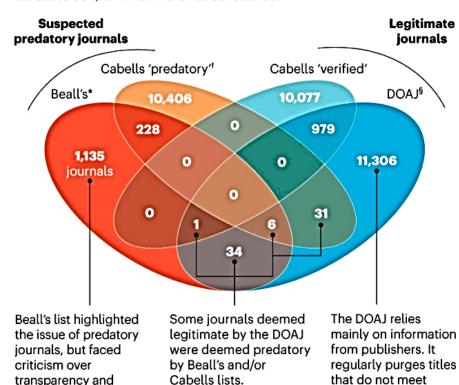
New/innovative platforms e.g. Cureus





quality criteria.

**NOLIST TO RULE THEM ALL** Assessments of which journals are likely to be predatory or legitimate do not tally, and titles can appear in both categories. There is no way to know which journals were considered for a list but left off, or which were not considered.



legal threats from

operation in 2017.

listed titles. It ceased

31 🛈 🖽 📶 91% 🖸 8:08 AM  $\hat{\mathbf{\Omega}}$ https://outlook.office365.com/mai 57  $\leftarrow$ Ī F \*\*\* CAUTION: \*\*\* If you delete a message using the **DELETE BUTTON below, the message will NOT BE** recoverable. Follow up: Manuscript request From Annals of Clinical Case Reports (ISSN 2474-1655) (edi tor@accronlineoajp.info) MAIL FROM return@accronlineoajp.info To sara.jordan@ohiohealth.com 2/12/21 6:24 AM | Data Protection | 6.7 kB Release Delete Dear Dr. Sara Jordan Hyland, We provide an intern ational scientific platform for your research From Rene Brinley (editor@ccrionlineoajp.info) MAIL FROM return@ccrionlineoajp.info To sara.jordan@ohiohealth.com 2/12/21 6:49 AM | Data Protection | 6.6 kB Release Delete Sara Jordan Hyland, couldyou give a speech atIC GO-2022(Europe)? From annali (annali4@neurotalk-2020.com) MAIL FROM annali4@neurotalk-2020.com To sara.jordan@ohiohealth.com 2/12/21 6:43 AM | Data Protection | 22.5 kB Release Delete

https://www.nature.com/articles/d44586-019-03759-y

# Does it cost money to publish?



- Generally, no
- Options that do incur \$:Open access
  - Preprints
  - Color printed figures
  - Extra journal copies

# Can I make money publishing?



- No authors, peer reviewers, and most editorial board members do not make money throughout the publication process to limit bias
- Suspect predatory journal if payments offered
- Indirect incentives



Establish/refresh professional online presence

Q

Determine authorship early

### Publishing Process – Get Started



Classify study/article type and pull **reporting guidelines** for initial checklist



Pick 2 ideal target journals



Find 2 similar articles in journal to **template** 

### Your (and Your Work's) Professional Online Presence

ORCID<sup>®</sup> ID <u>https://orcid.org/about/what-is-orcid/mission</u> Twitter<sup>®</sup> <u>https://accpjournals.onlinelibrary.wiley.com/doi/abs/10.1002/jac5.1120</u> Google<sup>®</sup> Scholar h-Index LinkedIn<sup>®</sup> Altmetrics<sup>®</sup> / PlumX Metrics<sup>®</sup>

Joogle Scholar			
July Scholar			

Grant Medical Center (OhioHealth) Verified email at ohiohealth.com perioperative medicine emergency medicine analgesia/anesthesia enhanced recovery clinical pharmacy practice TITLE I IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	YEAR 2019	All Citations 31 h-index 3 i10-index 1
perioperative medicine       analgesia/anesthesia       enhanced recovery clinical pharmacy practice         TITLE       Image:	YEAR	h-index 3
Liposomal bupivacaine versus standard periarticular injection in total knee arthroplasty		
	2019	
SJ Hyland, DG Deliberato, RA Fada, MJ Romanelli, CL Collins, O. Poentile The Journal of arthroplasty 34 (3), 488-494		
Clinical pharmacist perspectives for optimizing pharmacotherapy within Enhanced s     Recovery After Surgery (ERAS®) programs     JK Lovely, SJ Hyland, AN Smith, G Netson, O Ljungqvist, RH Parish II O Perspective     International Journal of Surgery 63, 58-62	2019	2019 2
<ul> <li>Clinical Pharmacist Service Associated With Improved Outcomes and Cost Savings in Total Joint Arthroplasty53 Hytand, BJ Kramer, RA Fada, MM Lucki O Promain The Journal of arthroplasty 35 (9), 2307-2317. e1</li> </ul>	2020	Co-authors
Perioperative clinical pharmacy practice: Responsibilities and scope within the surgical     acare continuumOP Patel, SJ Hyland, KL Birner, RC Welle, JK Lovely, AN Smith, RL Dixon,      Prevention     Journal of the American College of Clinical Pharmacy 3 (2), 501-519	2020	Offe Ljungqvist Professor Surgery, Crebro
Perioperative Pain Management and Opioid Stewardship: A Practical Guide SJ Hyland, KX Brockhaus, WR Vincent, NZ Spence, MM Lucks, CO Patrolin.	2021	

#### Perioperative clinical pharmacy practice: Responsibilities and scope within the surgical care continuum

Gourang P. Patel Pharm.D., M.Sc.<sup>1</sup> | Sara J. Hyland Pharm.D<sup>2</sup> | Kara L. Birrer Pharm.D<sup>3</sup> | Rachel C. Wolfe Pharm.D<sup>4</sup> | Jenna K. Lovely Pharm.D<sup>5</sup> | April N. Smith Pharm.D<sup>6,7</sup> | Russell L. Dixon Pharm.D<sup>8</sup> | Eric G. Johnson Pharm.D<sup>9,10</sup> | Marian L. Gaviola Pharm.D<sup>11</sup> Amanda Giancarelli Pharm.D<sup>3</sup> | William R. Vincent III Pharm.D<sup>12</sup> | Carole Richardson Pharm.D<sup>13</sup> | Richard H. Parrish II Ph.D., FCCP<sup>14</sup> 0



Perioperative clinical pharmacy practice: Responsibilities a

#### continuum



### ICMJE Authorship Criteria

**Substantial contributions** to conception or design of the work; or the acquisition, analysis, or interpretation of data

#### <u>AND</u>

Drafting the work or revising it critically for important **intellectual content** 

<u>AND</u>

Final approval of the version to be published

<u>AND</u>

Agreement to be **accountable for all aspects** of the work

http://www.icmje.org/recommendations/browse/roles-andresponsibilities/defining-the-role-of-authors-and-contributors.html

### CRediT Taxonomy for Author Roles

Conceptualization Resources Data curation Software **Formal Analysis** Supervision **Funding acquisition** Validation Investigation Visualization Methodology Writing – original draft **Project administration** Writing – review & editing

### Authors vs. Acknowledgements

"The authors gratefully acknowledge the contributions of..."

#### Reporting and Style Guidelines

#### **Equator Network**

Enhancing the QUAlity and Transparency Of health Research

https://www.equator-network.org/reportingguidelines/

https://www.nlm.nih.gov/services/research\_re port\_guide.html



Reporting guidelines for main study types

Randomised trials	CONSORT	Extensions
Observational studies	STROBE	Extensions
Systematic reviews	PRISMA	Extensions
Study protocols	<u>SPIRIT</u>	PRISMA-P
Diagnostic/prognostic	STARD	TRIPOD
studies		
Case reports	CARE	Extensions
Clinical practice	AGREE	<u>RIGHT</u>
<u>guidelines</u>		
Qualitative research	<u>SRQR</u>	<u>COREQ</u>
Animal pre-clinical	ARRIVE	
studies		
Quality improvement	<u>SQUIRE</u>	
studies		
Economic evaluations	CHEERS	



Establish/refresh professional online presence

Q

Determine authorship early

### Publishing Process -Get Started



Classify study/article type and pull **reporting guidelines** for initial checklist



Pick 2 ideal target journals



Find 2 similar articles in journal to **template** 

### Journal Selection

- MUSTs? = peer-reviewed and indexed
- Impact Factor
  - https://www.scimagojr.com/journalrank.php
  - Probably unimportant to you at this point
- Key Driver = target audience
- Ultimate Drivers = published and findable

#### JANE

Journal/Author Name Estimator Insert title/keywords  $\rightarrow$  find journals to submit to

http://jane.biosemantics.org/

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6300 233/ Similar topic

#### Similar methodology/rigor

Finding "Template" Articles

Can't find? Reassess journal selection

Found? Consider structure, style, length, etc.

# Publishing Process – Get Going



Gather and update **references** - Use a reference manager!



Pull journal Instructions for Authors



Setup your **draft** manuscript per **journal require ments** 



Visualize the publication **process** 



Set timeline, goals

# Reference Managers

EndNote<sup>®</sup> Zotero<sup>®</sup> Mendeley<sup>®</sup> PaperPile<sup>®</sup>

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Add Papers 🔻	Search your papers	
L ALL PAPERS (1286)		[1–15]
STARRED (1)	Prothrombin Complex Concentrates for Bleeding in the Perioper Setting *	S Paperpile citation 🖉
FOLDERS	Ghadimi K, Levy JH, Welsby IJ Anesth Analg, 2016 – Review	<ol> <li>Thygesen K, Alpert JS, Jaffe AS, Chaitman BR, Bax JJ, Morrow DA, et al. Fourth Universal Definition of Myocardial Infarction (2018). J Am Coll Cardiol. 2018;72: 2231–2264. doi:10.1016/j.jacc.2018.08.1038</li> </ol>
<ul> <li>Periop pain/opioid stewarship (36)</li> <li>TRASH (17)</li> </ul>	<ul> <li>Prothrombin complex concentrate in cardiac surgery for the trea of non-surgical bleeding * Hayes K, Fernando MC, Young L, Jordan V, Cochrane Heart Group</li> </ul>	<ol> <li>Meyers EP, Weingart MDS, Smith FS. The OMI Manifesto. [cited 22 Feb 2021]. Available: https://www.albanycritcare.net/s/The-OMI-Manifesto-PDF-32918.pdf</li> </ol>
	Cochrane Database Syst Rev, 2020 – Journal Article 🚥	<ol> <li>Ibanez B, James S, Agewall S, Antunes MJ, Bucciarelli-Ducci C, Bueno H, et al. 2017 ESC Guidelines for the management of acute myocardial infarction in patients presenting with ST-segment elevation: The Task Force for the management of acute myocardial infarction in patients presenting with ST-segment elevation of the European Society of Cardiology</li> </ol>
	<ul> <li>The outcomes of emergency pharmacist participation during act myocardial infarction *</li> </ul>	(ESC). Eur Heart J. 2018;39: 119–177. doi:10.1093/eurhearti/ehx393
	Acquisto NM, Hays DP, Fairbanks RJ, Shah MN, Delehanty J, Nobay F, Guido J, Haa J Emerg Med, 2012 – Journal Article	<ol> <li>O'Gara PT, Kushner FG, Ascheim DD, Casey DE Jr, Chung MK, de Lemos JA, et al. 2013 ACCF/AHA guideline for the management of ST-elevation myocardial infarction: a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines. Circulation. 2013;127: e362–425. doi:10.1161/CIR.0b013e3182742cf6</li> </ol>
	ASHP Guidelines on Emergency Medicine Pharmacist Services Ortmann MJ, Johnson EG, Jarrell DH, Bilhimer M, Hayes BD, Mishler A, Pugliese RS Roberson TA Slocum G Smith AP Yabut K Zimmerman DF	<ol> <li>Levine GN, Bates ER, Blankenship JC, Bailey SR, Bittl JA, Cercek B, et al. 2015 ACC/AHA/SCAI Focused Update on Primary Percutaneous Coronary Intervention for Patients With ST-Elevation Myocardial Infarction: An Update of the 2011 ACCF/AHA/SCAI</li> </ol>
		Guideline for Percutaneous Coronary Intervention and the 2013 ACCF/AHA Guideline for the Management of ST-Elevation Myocardial Infarction. J Am Coll Cardiol. 2016;67: 1235–1250. doi:10.1016/j.jacc.2015.10.005
		6 Louise CN Retes ED Rittl 14 Brindia DC, Either SD, Eleisber I.A. et al. 2016 ACC/AUA

6. Levine GN, Bates ER, Bittl JA, Brindis RG, Fihn SD, Fleisher LA, et al. 2016 ACC/AHA Guideline Focused Update on Duration of Dual Antiplatelet Therapy in Patients With Coronary Artery Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines: An Update of the 2011 ACCF/AHA/SCAI Guideline for Percutaneous Coronary Intervention, 2011 ACCF/AHA Guideline for Coronary Artery Bypass Graft Surgery, 2012

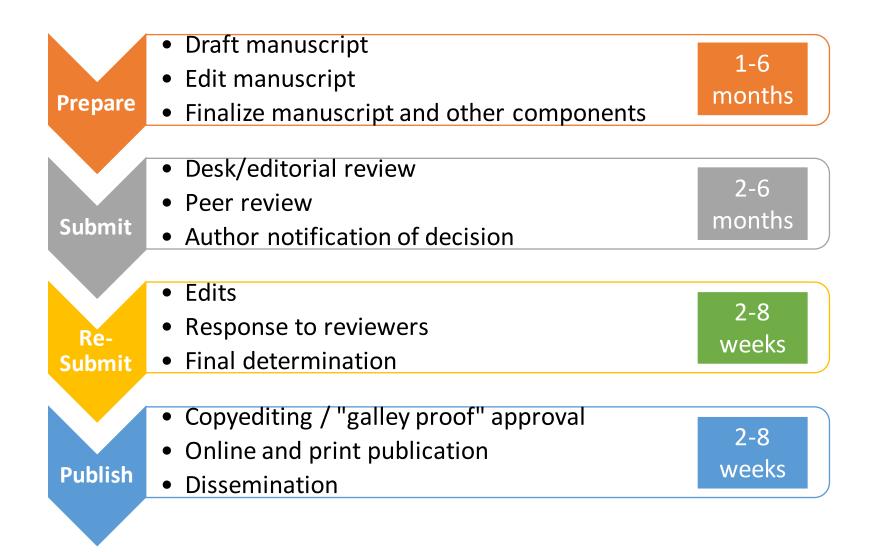
# Setting up Your Draft

Carefully read journal requirements
 Font type, size, spacing
 Section headers

Leave comments containing journal specs

- Max word counts
- Number of keywords
- Max references
- General guidance for each section

#### The Publication Process



### Like watching grass grow...

#### ← Submissions Being Processed for Author

Page: 1 of 1 ( <u>1 total subr</u>	<u>missions</u> )				Results
Action 🗖 🔽	Manuscript Number 🔺	Title 🔺	Initial Date Submitted	Status Date ▲	Current Status 🔺
View Submission Author Status Correspondence Send E-mail			07/07/2021	01/20/2022	Undergoing peer review

### Tips for Academic Productivity

Critical appraisal of competing priorities

Scheduling tasks

Specifying tasks – "micro-listing"

Choose active collaborators and seek mentorship

Writing efficiency  $\alpha$  writing volume

Language services

Done well >>> not done, but perfect

# Micro-listing and Scheduling Tasks



To do Tuesday:

- -Write Methods section
- -Prep for Wed meeting

-Get gas on the way home





#### Tuesday calendar:

Write Methods section – study design, participants and timeline section

1430 for 1 hr



#### Active Collaborators

Complementary skills or perspectives

Genuine interest

Capacity for commitment

**Effective mentors** 

### Tips for Academic Productivity

Critical appraisal of competing priorities

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# Publishing Process – Get Done



Incremental forward movement wins

Many levels of editing

**Finalize draft** 



Submission checklists/pieces



Only submit to 1 journal at a time

### Finalizing Manuscript Draft

PI initial draft complete/reviewed ALL collaborator final review and editing Non-expert review and editing PI final refined draft ALL collaborator final approval

## Finalizing Manuscript Draft

### DO NOT SUBMIT UNTIL ALL HAVE BEEN MET:

- Complete, polished, publication-worthy
- 100% adherent to journal specifications and interests
- NO grammatical/spelling errors, formatting issues, or tracked changes
- Approved by ALL authors

### So you think you're ready to submit?

<ul> <li>Title page</li> <li>Author names, credentials, affiliations</li> </ul>	Abstract, keywords	Conflict of interest (COI) forms, IRB forms
Author contributions and attestations	<ul> <li>Final (deidentified?) main text file</li> <li>Abstract, main text, tables, figure legends?</li> </ul>	Separate figure files in correct format?
Acknowledgements	Cover letter	Checklist (from EQUATOR and/or journal)

## Submission Component Tips

- Cover letter address to editor/team
  - Briefly introduce impetus for your work and sell why of interest to journal audience
  - IRB approval, attestations
- Keywords use to maximize findability!
- Log in to Editorial Manager<sup>®</sup> in advance

## Publishing Process – Get Done



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## Submission Complete!









Celebrate, take a break

Reflect on the process thus far

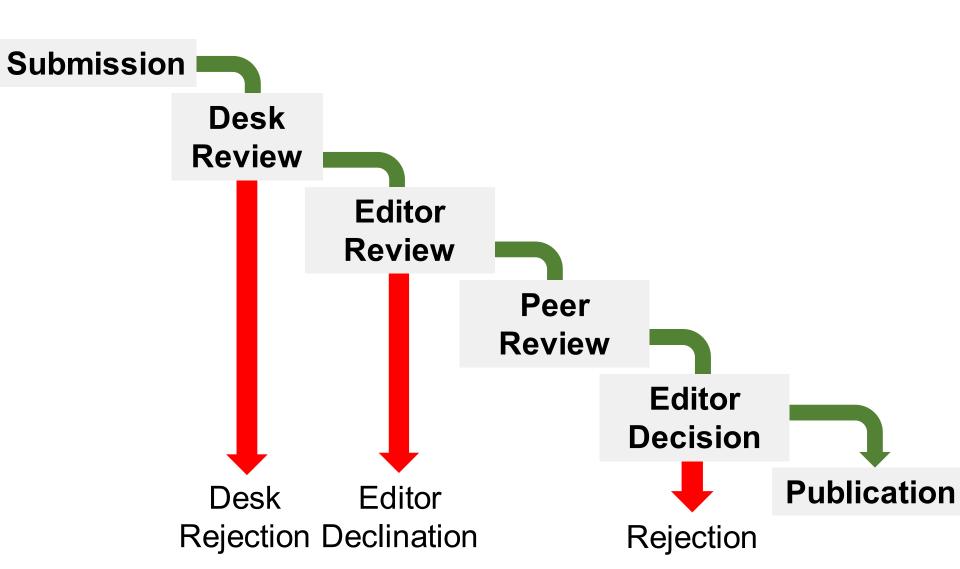
Recharge your resiliency

Refresh your growth mindset



Prepare for an onslaught of review...

## Tracing the Process



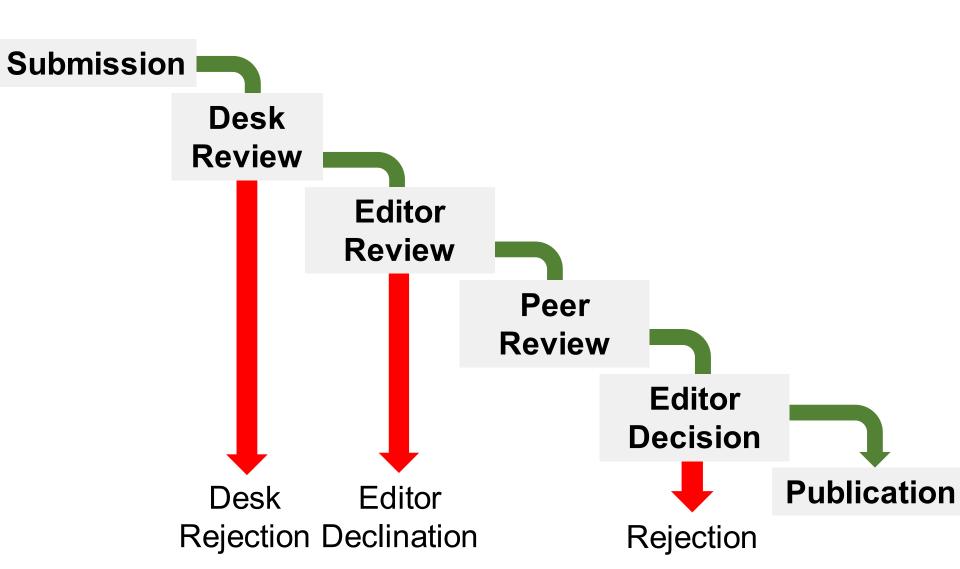
## Desk and Editorial Review

- Journal editorial staff
- Technical screen
  - Formatting and components to specs
  - Strong, concise, coherent writing
  - Appropriate methods and references
- Journal aims and scope
- Ethical standards

## Desk or Editorial Rejections

XIncomplete and/or error-ridden draft XInadequate prose or English X Methods/analysis not appropriate X References outdated and/or unbalanced XNot novel/of interest to journal audience XInsufficient rigor for journal impact × Ethical concerns

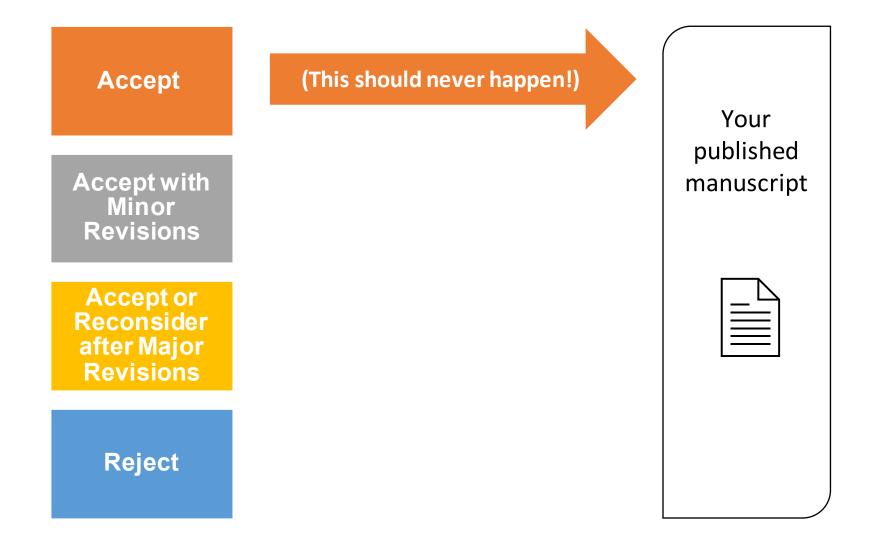
## Tracing the Process

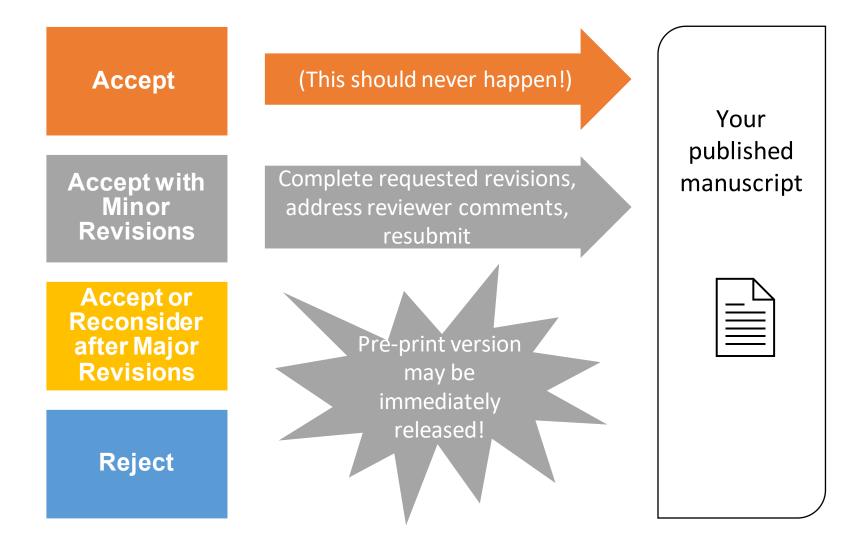


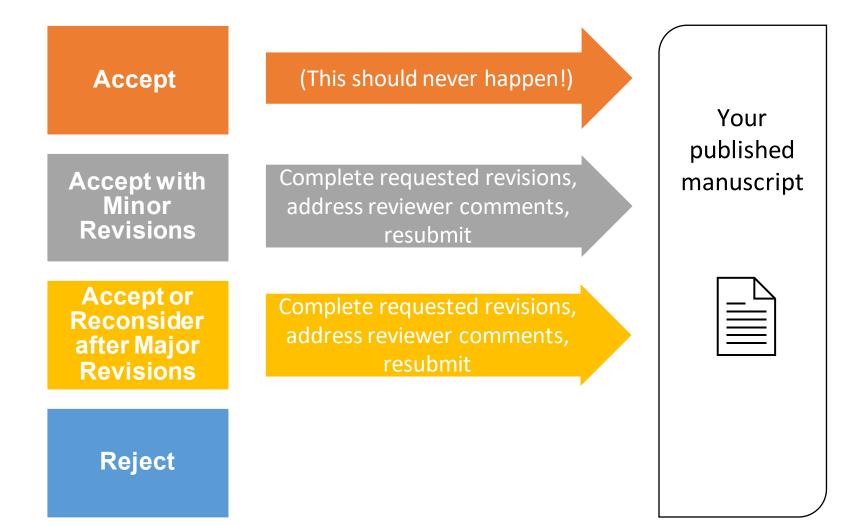
- Unpaid, external reviewers
- Published/practicing experts in field
- Assess scientific merit of work + if manuscript is worthy of publication in that journal
  - Provide recommendations to authors to improve their work
  - Make recommendation to editor
- Single- or double-blind process

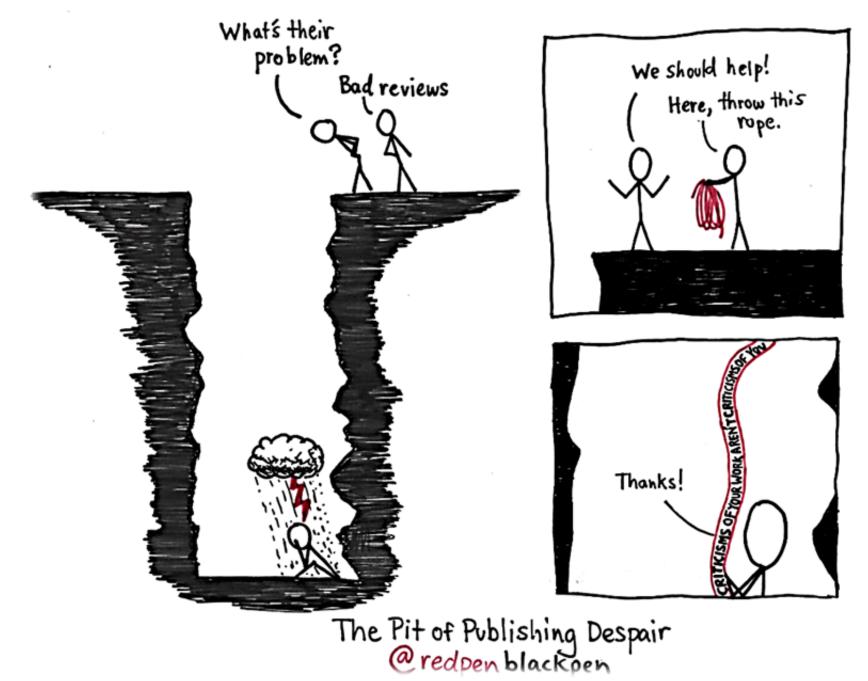


Your published manuscript









https://twitter.com/redpenblackpen/status/1173797747872239616

## Response to Reviewers



Be meticulous and courteous



Cite specific location of changes in resubmitted manuscript file



All comments must be addressed, but not all suggestions must be accepted



Follow journal instructions carefully but often an open/"letter-like" format

## Challenges with Peer Review

- Conflicting feedback/requests
- Unproductive criticism
- Feedback would result in exceeding journal requirements
- Feedback you disagree with /would change intention



## Challenges with Peer Review

- Conflicting feedback/requests
- Unproductive criticism
- Feedback would result in exceeding journal requirements
- Feedback you disagree with /would change intention

- →Seek guidance from journal editor
- →Seek and respond to intention
- →Reassess other sections for opportunities
- →Reassess presentation rather than content
- →Provide rationale for declining

## Resubmission

## 01

#### Maintain attention to detail

• Including authorship details

# 02

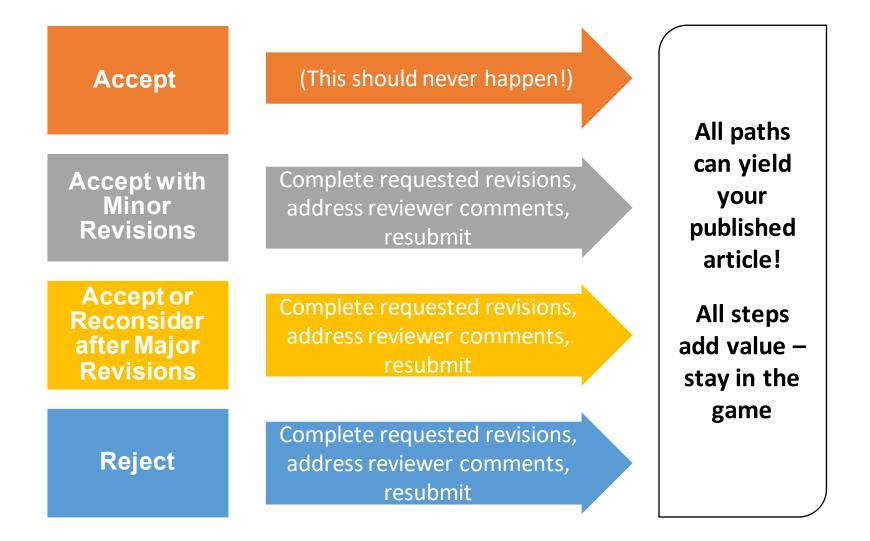
Reengage all collaborators and independent reviewers for "fresh eyes"

# 03

Cross-check all reference numeration, table and figure legends/data labels/numeration, etc.

## Rejection after Peer Review





## Final Acceptance!

Copyediting by editorial team

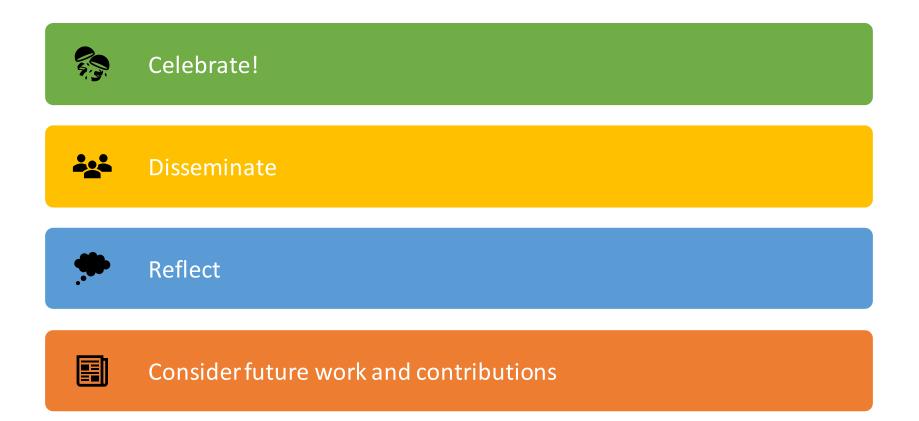
Typesetting / "galley proof"

#### **Final approval**

Publication online first – DOI assigned

Ultimate print publication/full citation PubMed indexing in weeks to months

### Acceptance





## Writing your publication draft

#### Sorry- out of time!

#### **Online supplemental resources:**

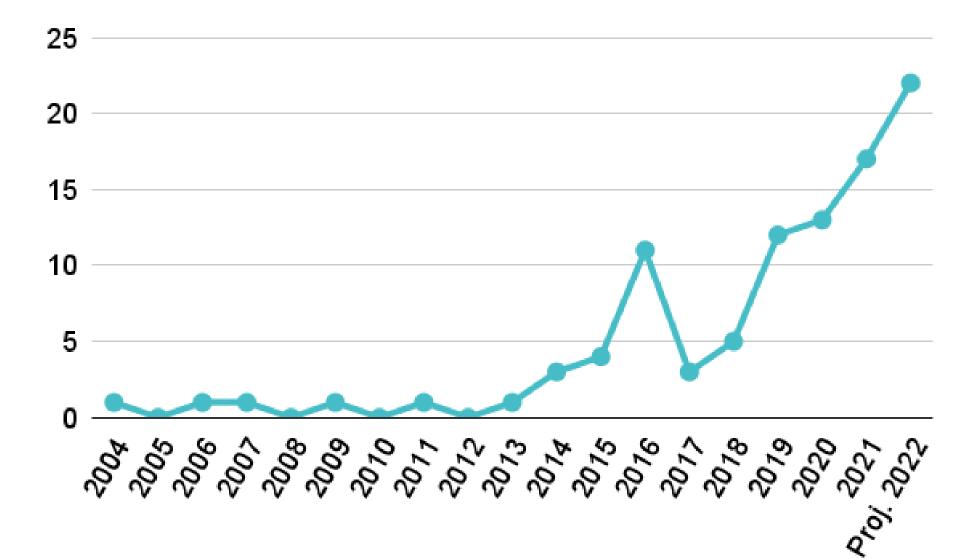
- Manuscript template
- Full writing workshop slides

Maybe Preceptor CE Part 2?

## Many other ways to publish



## OhioHealth Pharmacy's Publication Boom



## OhioHealth Pharmacy's Research Quality

Non-Pharmacist Winners Pharmacist Research Competition Winners 100% 75% 50% 25% 0% 2016 2019 2014 2017 2018 2022

# Summary and Encouragement



- Community health-system pharmacists face many challenges to publishing our research and QI projects, but many resources and strategies exist to support those interested in scholarship
- Mentorship and active collaborators are key, along with advanced time-management skills and persistence
- We are doing great work it deserves to be seen!

## Resources

Hammond, DA, Rech, MA. A "how-to" guide for effectively writing a publishable research manuscript. J Am Coll Clin Pharm. 2020; 3: 818–824. <u>https://doi.org/10.1002/jac5.1190</u>

Viglianti EM, Admon AJ, Carlton EF, et al. Publishing a Clinical Research Manuscript: Guidance for Early-Career Researchers With a Focus on Pulmonary and Critical Care Medicine. *Chest*. 2019;156(6):1054-1061. doi:10.1016/j.chest.2019.06.014

Roederer M, Marciniak MW, O'Connor SK, Eckel SF. An integrated approach to research and manuscript development. Am J Health Syst Pharm. 2013 Jul 15;70(14):1211-8. doi: 10.2146/ajhp120167. Erratum in: Am J Health Syst Pharm. 2013 Oct 1;70(19):1650. PMID: 23820457.

Bauman, J.L., Jackevicius, C., Zillich, A.J., Parker, R.B. and Phillips, B.B. (2019), On the methodology of retrospective chart reviews. J Am Coll Clin Pharm, 2: 6-7. <u>https://doi.org/10.1002/jac5.1064</u>

Wong BM, Sullivan GM. How to Write Up Your Quality Improvement Initiatives for Publication. J Grad Med Educ. 2016 May;8(2):128-33. doi: 10.4300/JGME-D-16-00086.1. PMID: 27168874; PMCID: PMC4857497.

Steen RG. Writing for publication in a medical journal. Indian J Endocrinol Metab. 2012;16(6):899-903. doi:10.4103/2230-8210.102988

Equator (Enhancing the QUAlity and Transparency Of health Research) Network www.equator-network.org

International Committee of Medical Journal Editors (ICMJE) <u>www.icmje.org/</u>

American Society of Health-System Pharmacists (ASHP) Research and Education Foundation. American Journal of Health-System Pharmacy series: Research Fundamentals

Roederer M, et. Al. An integrated approach to research and manuscript development. Am J Health-Syst Pharm—Vol 70 Jul 15, 2013

ACCP Annual Mtg – Scientific Writing Workshop Activity Number: 0217-0000-17-195-L01-P materials. Oct 2017

https://scientific-publishing.webshop.elsevier.com/research-process/finer-research-framework/

## Publishing Research and Quality Improvement Projects as a Community Health-System Pharmacist

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